

## STEP 1—Complete information below

Name \_\_\_\_\_

Are you a member of The Arc?  Yes  No

Street Address \_\_\_\_\_

If yes, local chapter \_\_\_\_\_

City/State/Zip \_\_\_\_\_

I am a:  Self-Advocate  Family Member  
 Local Chapter Staff  Professional  Volunteer

Phone \_\_\_\_\_

Special Dietary Needs  Vegetarian

E-mail \_\_\_\_\_

Low-fat  Low-sugar  Low-sodium

Accommodations Needed (i.e., interpreter services) \_\_\_\_\_

## STEP 2—Determine your registration fee

**Circle the registration fee that applies to you.**

**Early Bird Registration** - Send your registration and conference fee postmarked by July 1 and take \$5 off your total amount due.

**Best Deal!!!** Full, 3-day registration, Aug. 6-8

	Member	Non-Member
Self-Advocate	\$45	\$50
Family Member	\$75	\$100
Local Chapter Staff	\$75	\$100
Personal Care Assistant	\$75	&100
Professional	\$150	\$175

One day only registration. Circle one: Aug. 7 or Aug. 8

	Member	Non-Member
Self-Advocate	\$25	\$30
Family Member	\$45	\$60
Local Chapter Staff	\$45	\$60
Personal Care Assistant	\$45	\$60
Professional	\$80	\$105

Pre-convention seminar only – Aug. 6

	Member	Non-Member
Self-Advocate	\$5	\$10
Family Member	\$20	\$30
Local Chapter Staff	\$20	\$30
Personal Care Assistant	\$20	\$30
Professional	\$40	\$65

**Total Amount Enclosed \$** \_\_\_\_\_

Please make checks payable to **The Arc of Virginia.**

Mail check or money order with complete (front and back) registration form to:

The Arc of Virginia  
2025 E. Main St., Suite 107  
Richmond, Va 23223  
Attn: State Convention Registration

**All registrations/payments must be postmarked by July 27.**

Once your registration form and payment is received, The Arc of Virginia will send an e-mail confirmation to the address you have listed.

All Convention participants will receive a certificate of attendance at the event.

If you have any questions, please call (804) 649-8481, ext. 101 or visit [www.arcofva.org](http://www.arcofva.org)

# STEP 3—Select Workshop Preferences

To assist us with our planning efforts, please indicate below the workshops/events you may be attending.

## THURSDAY, AUG. 6

### 1 - 2:30 p.m.

- Plenary Session, Becoming a Person-Centered System

### 2:45 - 3:45 p.m.

- Microboards: Creative Support Networks
- Music Therapy
- Becoming a Person-Centered Organization
- Self-Determination, Self-Advocacy and YOU
- Education Journeys

### 4 - 5 p.m.

- Sponsored Residential, Creating "A Life Like Yours"
- Person-Centered IEP Planning
- Person-Centered Employment: The Co-Executive Director's Story
- Beyond the Paper: Bringing the Person-Centered Plan to Life
- The Arc "Fit Club"

### 6 - 9 p.m.

- Welcome Reception

## FRIDAY, AUG. 7

### 9 - 10:30 a.m.

- Opening Plenary Session

### 10:45 - 11:45 a.m.

- Where will I Live? New Housing Options for People with Disabilities
- Framing the Future to Reach Your Child's Goals: The Family Mission Statement
- Microenterprise Customized Self-Employment: "Think Outside the Box!"

- The Family Member's Role in Person-Centered Planning
- State Budgeting 101

### Noon - 1:15 p.m.

- Lunch Plenary, Our Journey: Indiana's Transition to a Community-Based System

### 1:30 - 2:30 p.m.

- Exploring Medicaid Waivers
- What Self-Advocates Can Do to Help Other Self-Advocates
- Where Do We Go From Here? Autism and Transition
- Building Positive, Enduring Relationships
- Wanted: Big Changes in State Systems

### 2:45 - 3:45 p.m.

- Moving from Programs to Supports
- Positive Behavior Support in the Home and Community
- The Arc of Virginia Family Involvement Project Panel
- How Self-Advocates can Work Together to Make Their Lives Better
- Board Members: "What You Need To Do and How To Do It"

### 4 - 5 p.m.

- Oral Health
- Achieving Greater Advocacy
- Taking Care of Self for Family Caregivers

- How Self-Advocates Can Put Their Best Foot Forward
- Strategic Planning, Budgeting and Financial Reporting

## SATURDAY, AUG. 8

### 9 - 10 a.m.

- Membership, Panel Discussion—It's a Movement! (Part I)
- Developmental Tasks and the Role They Play in Lifelong Development
- Get Educated—Learn About Your Past, Present and Future!
- Special Needs Trusts
- Dispel the Myth: You Can Work While Receiving Medicaid and SSI/SSDI

### 10:30 - 11:30 a.m.

- Membership, Dynamic Planning Session—It's a Movement! (Part II)
- College Bound, Panel Presentation
- How to Start a Good Self-Advocacy Group
- The Role of Attachment Through the Lifespan
- The Arc Network—Family to Family Education

### Noon - 2 p.m.

- Closing Luncheon and The Arc of Virginia Annual Meeting